



Concord Middle School Athletics

Proposal: Fall 2020



CMS Philosophy

Our after-school athletics program provides opportunities that will help students develop physically, mentally and emotionally, which while always important, seems even more so now. We view participation in athletics as a healthy educational and psychological activity because it challenges each student to excel, helps each student discover his, her, or their physical limits, and requires students to work cooperatively as members of a team. While winning is a natural goal in the pursuit of excellence, the principles of good sportsmanship and enjoyment of competition take precedence at all times and enhance the educational value of contests. **In these unprecedented times, we accept that middle school athletes will not be able to compete against students from other towns, but we hope to offer in-person programs that will allow students to be active, connected to their CMS peers, and experience a little sense of normalcy as they return to CMS this fall.**

Boys and Girls Soccer (Dave Davidson & Elizabeth Stockwood)

- All students who want to participate will make the team (no cuts).
- Practices will be held M, T, Th, F (2:45-4:30) starting 9/21. Students who are “remote” are invited to attend if their parents can provide transportation.
- Coaches will run intrasquad scrimmages to the extent that they can get their players to maintain social distance.
- Coaches and players will wear face masks on the side-lines.
- If we cannot hold in-person sessions, these sports will be canceled this season.

Field Hockey (Brian Revell)

- All students who want to participate will make the team, including 6th graders.
- Practices will be held M & T(2:45-4:30) starting 9/21; students will be placed 10 feet apart for all drills.
- Intrasquad scrimmages will be held Th & F. Brian will remind players to maintain social distance and/or wear a mask in situations during which close contact must occur.
- Students who are “remote” are invited to attend if their parents can provide transportation.
- Coach and players will wear face masks on the side-lines
- If we cannot hold in-person sessions, coach Revell will offer virtual training sessions.

Cross-Country (Debbie Harmon & Kim Cyr)

- All students who want to participate will make the team, including 6th graders.
- Practices will be held M, T, Th (2:45-4:30) starting 9/21; students who can't make practice, may Zoom in for stretching and a verbal explanation of the day's work-out which they can then run on their own at home.
- Intrasquad meets will be held Fridays.
- Students who are "remote" are invited to attend all sessions if their parents can provide transportation.
- If we cannot hold in-person sessions, coaches Harmon & Cyr will offer virtual sessions similar to those they ran for track in the spring.

Our Coaches . . .

- are veteran teachers at CMS;
- have decades of coaching experience between them;
- are CPR and First Aid certified;
- have undergone concussion protocol training;
- are aware of the CDC/DESE guidelines, and will ensure all safety protocols are followed;
- love their student-athletes and are passionate about the sports they coach.

Questions?

