August 2019

Concord Carlisle High School

LUNCH

School Information: Hot Lunch price is $3.85, which includes fruit, milk and salad bar. Menu is subject to change without notice.

Nutrition Tip: August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat up, and clean up together!

Reference: USDA MyPlate

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28 Pasta W/ Meat Sauce Garlic Bread Sticks Mixed Greens Salads	29 Turkey, Bacon & Ranch Roasted Veggie & Cheese Both on Baguettes Sweet Potato Tater Tots	30